

INCOFYRA –2018: Integrative Oncology: Future of Cancer Care
Scientific Program: January 6, 2018, Saturday, Forenoon

Time	Program		
9 - 10:30 am	Plenary session 1		
	<p>Chairperson Dr K S Gopinath, Chairman, HCG, Bengaluru</p> <p>Speakers: Dr H R Nagendra, Chancellor, S-VYASA University, Bengaluru Title: Integrative Oncology: Future of Cancer Care Dr Shirley Telles, Director, Patanjali Research Foundation, Haridwar Title: Yoga and preventive oncology: exploring the mechanisms</p>		
10:30 - 11 am	Tea Break		
11 - 1 pm	<p>Symposia: Integrating AYUSH in Cancer Care: Scope & Challenges Venue: Main hall</p>	<p>Symposia: Insights in to therapeutic effects of yoga in cancer Venue: Samskruti Bhavan</p>	<p>Symposia: Prevention of cancer: Role of diet, lifestyle modification and physical exercise Venue: Mangal Mandir</p>
	<p>Chairpersons: Dr Manjunath N K, Director - R&D, S-VYASA, Bengaluru Dr J. R. Raju, Technical Director, Maharishi Ayurveda Products International, Inc, New Delhi</p> <p>Speakers: Dr B T Rudresh, Classical Homeopathic Practitioner, Bengaluru Title: Cancer Does Not Have Me! Dr Raghavendra Rao M, GM Clinical Excellence HCG, Bengaluru Title: Integrating AYUSH in cancer care scope and challenges Dr Arul Amuthan, Dept. of Pharmacology, Siddha Division, CIMR, Manipal University, Manipal Title: Siddha Medicine in Integrative putru-noi (cancer) care in Indian scenario Dr Vadiraja H S, Technical Consultant, CCRYN, New Delhi</p>	<p>Chairpersons: Dr Rajesh K Grover, Director, Delhi State Cancer Institute, New Delhi Dr B N Gangadhar, Director, NIMHANS, Bengaluru</p> <p>Speakers: Dr Vinod Kochupillai, Research Director, Art of Living Foundation, Bengaluru Title: Sudarshan Kriya Yoga (SKY): An adjunct to cancer management Dr Govardhan, Associate Prof, Dept of Radiation Oncology, KMIO, Bengaluru Title: Incorporation of integrative yoga program in cancer management at a cancer institute: initial report Dr Amritanshuram, Senior Scientist, HCG, Bangalore Title: Psycho-neuro-immunological evidence for yoga in oncology Dr Praseeda Menon, Research Officer,</p>	<p>Chairpersons: Dr Christoph Garner, Director, KWA Klinik Stift Rottal, Bad Griesbach, Germany Dr Sundar Balasubramanian, Research Asst. Professor, Department of Radiation Oncology, Medical University of South Carolina, USA</p> <p>Speakers: Dr Naveen K V, Director, Yogaksema - Stress & Lifestyle Clinic, Bangalore Title: cancer prevention: a sustainable path to fighting cancer Dr Radheshyam, Consultant medical Oncology, HCG, Bengaluru Dr Deepashree S, Research Assistant, HCG, Bengaluru Title: Role of yoga in cancer- expectations, benefits and risks- A review</p>

		Kaivalyadhama Title: Yoga among cancer survivors: A case study	
1 - 2 pm	Lunch Break		

January 6, 2018, Saturday, Afternoon

Time	Program	
2 - 3:30 pm	Panel Discussion: Mainstreaming AYUSH in Cancer Care: Scope and Challenges Moderator: Dr Nagarathna R Dr Issac Mathai , Medical Director, Saukya, Bengaluru Dr B R Senthil Kumar , National Institute of Siddha, Chennai Dr Ahalya Sharma , Joint Director, AYUSH, Govt of Karnataka Prof Alex Hankey , Distinguished Professor, S-VYASA, Bengaluru	Poster presentation
3:30 – 4.00pm	Tea Break	
4.00 – 6.00 pm	Inaugural Function	
6.30– 7:30 pm	Cultural Program	

January 7 2018, Sunday, Forenoon

Time	Program		
9 - 10:30 am	Plenary session 2		
	<p>Chairperson Dr Dharshan Shankar, Vice Chancellor, Institute for Trans-Disciplinary Health Sciences, Bengaluru Vaidya Rajesh Kotecha, Secretary, Ministry of AYUSH, Govt. India, New Delhi Speakers: Dr Nagarathna R, Medical Director, Arogyadhama, VYASA, Bengaluru Title: Integrating Yoga into cancer care: Scope, Challenges and present evidence summary Dr Po-Ju Lin, Postdoctoral Associate, Department of Surgery-Cancer Control, University of Rochester Medical Center Title: The influence of yoga on mediational relationships between sleep and cancer-related fatigue:A URCC NCORP RCT in 321 cancer patients</p>		
10:30 - 11 am	Tea Break		
11 - 1 pm	<p>Symposia: Integrating AYUSH in to Palliative Care Venue: Main Hall</p>	<p>Symposia: Understanding of Cancer According to Indian System of Medicine and Modern Medicine Venue: Samskruti Bhavan</p>	<p>Symposia: Yoga and Psycho-oncology Venue: Mangal Mandir</p>
	<p>Chairpersons: Dr Sushma Bhatnagar, Head, Dept of Palliative care, AIIMS, New Delhi Dr Linge Gowda, Director, KMIO, Bangalore Speakers: Dr B R Ramakrishna, Principal, Sushrutha Ayurvedic College, Bengaluru Title: Understanding and Management of Cancer through Kriyakala (protocols based on Etio-pathogenesis) of Ayurveda Dr Raghavendra Ramanujalu, Consultant Palliative care, CYTECARE Dr Avinash Kadam, Rasayu Cancer Clinic, Pune Title: Rasayana therapy for management of Anorexia and cachexia in patients with advanced breast cancer Dr Sunil Dhiliwal, Asian Cancer Institute, Mumbai Title: Integrating AYUSH into Palliative Care</p>	<p>Chairpersons: Vaidya Prof K S Dhiman, Director General, CCRAS, Govt of India, New Delhi Dr G G Gangadharan, Director, Ramaiah Indic Specialty Ayurveda - Restoration Hospital Speakers: Dr Bhushan Patwardhan, Director, Center for Complementary and Integrative Health (CCIH), Savitribai Phule Pune University, Pune Title: Integrative Oncology: Role of Ayurvedic Rasayana as Adjuvants Dr B R Senthil Kumar, Assistant Professor of Physiology, National Institute of Siddha, Chennai Title: Siddha, an ayush system of medicine in cancer care and scope for integrative oncology Dr Shashi Bhushan, Dabur Health Care</p>	<p>Chairpersons: Dr Vijay Agarwal, Sr. Consultant Medical Oncologist, HCG, Bengaluru Dr Sridhar PS, Radiation Oncologist, HCG, Bengaluru Speakers: Dr Archana Purushottam, Prof, Neurosciences, Tony Brook Medical Center, New York Dr Sundar Balasubramanian, Research Asst. Professor, Department of Radiation Oncology, Medical University of South Carolina, USA Title: Stimulation of salivary biomarkers following Pranayama, and the use of Pranayama as a potential adjunct in cancer symptom management Prof. S K Chaturvedi, Department of Psychiatry, NIMHANS, Bengaluru Title: Mental Health in Cancer Care</p>

			Dr Akshay Anand , Post Graduate Institute of Medical Education & Research, Chandigarh Title: The role of BDNF in neurocognitive function in cancer patients: is it the target molecule for yoga intervention
1 - 2 pm	Lunch Break		

January 7, 2018, Sunday, Afternoon

Time	Program	
2 - 3:30 pm	Oral presentation	Oral presentation
3:30 - 4 pm	Tea Break	
6 - 7:30 pm	Cultural Program	

January 8 2018, Monday, Forenoon

Time	Program
9 - 10:30 am	Plenary session 3:
	<p>Chairperson: Dr Ishwar Acharya, Director, CCRYN, New Delhi Dr Kumara Swamy, Radiation Oncologist, HCG, Bengaluru</p> <p>Speakers: Prof. Manoj Bhasin, Assistant Professor, Medicine, Harvard Medical School USA Title: Genome and BigData Driven Scientific Mechanisms of Meditation in Chronic diseases Dr Brindha Sitaram, Consultant, Psycho-oncology, HCG, Bengaluru</p>
10:30 - 11 am	Tea Break
11 – 12:30 pm	Panel Discussion: Future Roadmap for Integration of AYUSH in Cancer Care : Call for action
	<p>Moderator: Dr H R Nagendra</p> <ul style="list-style-type: none"> • Dr Ishwar V Basavaraddi, Director, MDNIY, New Delhi • Dr Ishwar Acharya, Director, CCRYN, New Delhi • Dr R S Ramaswamy, Director General, CCRS, New Delhi • Dr Manjunath N K, Director - R & D, S-VYASA, Bengaluru • Dr Prashanth Shetty, Principal, SDM Ujire • Dr Raghavendra Rao, Senior Scientist & Head, CAM Program, HCG, Bengaluru • Dr M.A. Siddiqui, Director, National Institute of Unani Medicine, Bengaluru • Dr Rathan Kelkar, Director of AYUSH, Govt of Karnataka • Dr Ananda Balayogi Bhavanani, Chairman, ICYER, Pondicherry • Dr Satya Lakshmi, Director, NIN, Pune • Dr Arun Gupta, Dabur India Ltd • Dr Vinayak Kambarkar, Registrar, Karnataka Ayurvedic and Unani Practitioners board
12:30 -1:30pm	Valedictory Ceremony