

# 22<sup>nd</sup> INCOFYRA

## International Conference on Frontiers in Yoga Research and Its Applications

**Theme:** Integrative Oncology: The Future of Cancer Care

**Jan 5-8, 2018 | Prashanti Kutiram, Bengaluru - 560 105**



Organised by: VYASA, Bengaluru

Technical Support by:

S-VYASA, Bengaluru

(Deemed to be University u/S 3 of the UGC Act, 1956)

In Association with  
Indian Yoga Association  
IYA | [www.yogaiya.in](http://www.yogaiya.in)





# 22<sup>nd</sup> INCOFYRA

*My Dear Brothers and Sisters,*



**Theme: Integrative Oncology: The Future of Cancer Care**

Cancer is one of the leading cause of death worldwide, with an incidence of 14 million new cases / year with about 1 million diagnosed in India. The prevalence of cancer has increased over the past decade and is expected to rise by 8% in the next 5 years. Regular screening, early detection, and improved therapies have increased the 10 year survival from 61% to 77% in the past decade. However, advancements in cancer treatment has not changed mortality rates.

Addressing the root cause and using holistic healing methods along with the conventional methods would be the best solution. Hence, this year we have selected a theme 'Integrative Oncology: Future of Cancer Care' for 22<sup>nd</sup> INCOFYRA. The 22<sup>nd</sup> INCOFYRA will make an effort to integrate Ayurveda, Naturopathy, Yoga, Unani, Siddha, Homeopathy and Modern Medicine by bringing prominent researchers and doctors from all these fields under one platform to evolve better cancer care.

*We welcome you all to our Prashanti Kutiram campus.*

*With Love*

**Dr. H R Nagendra**

President, 22<sup>nd</sup> INCOFYRA

Senior Vice President, IYA

President, VYASA and

Chancellor, S-VYASA



## Conference Objectives

1. To disseminate the research findings in the field of integrative oncology and give directions to future research
2. To translate the available research findings of CAM therapy for Cancer into clinical practice
3. To establish working groups comprising universities, health care providers and policy makers to initiate collaborative research programs
4. To deliver cost effective cancer care
5. To have discussions on reforms in policies related to integrated health care system



## Main Conference: Integrative Oncology: The Future of Cancer Care

**Jan 5 - 8, 2018:** The 22<sup>nd</sup> INCOFYRA will make an effort to integrate Ayurveda, Naturopathy, Yoga, Unani, Siddha, Homeopathy and Modern Medicine by bringing prominent researchers and doctors from all these fields under one platform to evolve better cancer care.

### Conference Programs at a Glance

| Date                       | Program                       |
|----------------------------|-------------------------------|
| Dec 29, 2017 - Jan 4, 2018 | Pre - Conference Workshop     |
| Jan 3 & 4, 2018            | Himalaya Yoga Olympiad Finals |
| Jan 5 - 8, 2018            | Main Conference               |

### Main Conference Program Highlights

|  |   |
|--|---|
| <b>Jan 5, 2018:</b> Inauguration of Exhibition Stalls (4 - 6 pm)                         |   |
| <b>Jan 6, 2018:</b> Inauguration of 22 <sup>nd</sup> INCOFYRA Main Conference (4 - 6 pm) |   |
| <b>Jan 8, 2018:</b> Valedictory Program (12:30 - 1:30 pm)                                |   |
| <b>Jan 6-8, 2018:</b> Morning Yoga Session   |   |
| 5:30 - 6:30 am   | General Yoga Session, Disease Specific Yoga Session (8 Modules), Advanced Yoga Techniques |
| <b>Common Morning Maitri Milan Session</b>   |   |
| 7 - 8 am   | Main Hall   |
| <b>Jan 6, 2018: Scientific Sessions</b>  |   |
| 9 - 10:30 am   | Plenary Session   |
| 11 - 1 pm  | Parallel Symposia   |
| 2 - 3:30 pm  | Panel Discussion & Poster Presentation  |
| <b>January 7, 2018: Scientific Sessions</b>  |   |
| 9 - 10:30 am   | Plenary Session   |
| 11 - 1 pm  | Parallel Symposia   |
| 2 - 3:30 pm  | Oral Presentation   |
| <b>January 8, 2018: Scientific Sessions</b>  |   |
| 9 - 10:30 am   | Plenary Session   |
| 11 - 12:30 pm  | Panel Discussion  |
| <b>Common Evening Sessions</b>   |   |
| 5 - 6 pm   | Satsang   |
| 6 - 7:30 pm  | Cultural Program  |
| <b>Refreshments</b>  |   |
| 8 am Breakfast   10:30 am Tea Break   1 pm Lunch   3:30 Tea Break   7:30 Dinner          |   |



## Conference Venue - Bengaluru

Bengaluru, the capital of the Karnataka, is fifth largest city in India. It is also known as the 'Garden City of India'. The beautiful parks and gardens and tree-lined streets of Bengaluru make travel to the city a pure pleasure. The year 2000 saw the introduction of Information Technology in Bengaluru and since then, the city has not looked back. It has reaped the most out of the IT Boom in India and boasts of the highest concentration of IT companies in the country. Today, Bengaluru is known as 'The IT Capital of India' and "The Silicon Valley of India'. There are a number of places in Bengaluru that are worth visiting, including gardens, museums, palaces, temples, etc. One of the major attractions of the city is the Vidhana Soudha, the State Secretariat, adorned with delicate Dravidian architecture. For the nature lovers, there is the famous Cubbon Park, stretching over an area of 250 acres. Not to be missed are the amazing museums in the city, especially the Visvesvaraya Technological and Industrial Museum. The Ulsoor Lake of Bengaluru is also quite known for its beautiful locales and boating facilities. Even from education point of view, Bengaluru is very popular. A large number of students come to Bengaluru every year to enroll in the various undergraduate as well as postgraduate programs. The city also boasts of two excellent institutions, namely Indian Institute of Management and Indian Institute of Science.



*Welcome to Bengaluru*

## Prashanti Kutiram

**Prashanti Kutiram** is the headquarters of Vivekananda Yoga Anusandhana Samsthana. It is located 32 kms away from Bengaluru city. The serene atmosphere, Gurukula lifestyle, modern technology, topnotch research facilities are the unique features of this campus. In its 100 acre spacious campus it houses following:



- a. **S-VYASA** – S-VAYSA is Deemed to be University recognized by the Ministry of Human Resource Development, Govt. of India. It offers Bachelors, Masters, Post Graduate programs in Yoga.
- b. **VYASA** – VYASA is a registered charitable institution (1986) working for making Yoga as a socially relevant Science. It is recognized as a Scientific & Industrial Research Organization (SIRO) from the Department of Scientific & Industrial Research, Ministry of Science & Technology, GoI.
- c. **Arogyadhama** - A 250 bedded holistic health home and research center
- d. **Anvesana** – State-of-the-art research facility for yoga research. The laboratory includes Molecular biosciences, Psychophysiology, Cognitive neuroscience, Sleep medicine, and Psychology and Subtle energy labs.
- e. **VYASA Health Care Pvt Ltd** - VYASA Health Care Pvt. Ltd. is an outreach partner of VYASA and industry partner of S-VYASA (Deemed to be University), aims at establishing wellness and holistic healing centers globally under the brand names Vivekananda Health Global (VHG)<sup>TM</sup> and Vivekananda Yoga Global (VYG)<sup>TM</sup> with trade names (VH)<sup>TM</sup> & (VY)<sup>TM</sup>
- f. **SVYP** - An exclusive yoga publication house
- g. **Sushruta Ayurvedic Medical College and Hospital** - With emphasis on high quality practice of Ayurvedic medicine and research. And a naturopathy college, the school of yoga and naturopathic medicine.
- h. **The School of Yoga and Naturopathic Medicine** - It offers Bachelor in Naturopaty and Yogic Sciences (BNYS), a 5<sup>1</sup>/<sub>2</sub> year medical graduation program



## Who Should Participate ?

1. Medical professionals
2. Practitioners of Indian medicine (AYUSH)
3. Yoga researchers and yoga therapists
4. Wellness and health industry persons
5. Policy makers

**22<sup>nd</sup> INCOFYRA**  
KMC Approved CME  
MBBS Doctors  
can avail upto  
12 CME Credit Points  
Contact: 96868 78645

## Pre Conference Programs

### Himalaya Yoga Olympiad

**Starts on** - Nov 1, 2017 | **Finals** - Jan 1-3, 2018 **at** Prashanti Kutiram

The objectives of Himalaya (A Yoga Olympiad) is to promote the awareness of yoga and build up a network of yoga students, practitioners, teachers and sadhakas at the national and international levels. We hope to spread the message of yoga as a science of Holistic living to be achieved through Jnāna Yoga, Rāja Yoga, Bhakti Yoga and/or Karma Yoga, as proclaimed by Swami Vivekananda. The syllabus, therefore, cannot end with physical demonstration of yogasanas only. It also assesses knowledge and grasp of concept and definition of yoga and its various techniques, for total growth of the individual, including physical, mental, emotional and intellectual development and their spiritual basis. HIMĀLAYA thus aims at helping the youth of our country grow together, and expand their vision, so they leave behind the mad rush of cut-throat competition and selfishness and engage in co-operative, harmonious pro-active living. **Coordinator:** Dr. Vikas Ravat - +91-91486 54898



## Pre Conference Workshops

Dec 29, 2017 - Jan 4, 2018 **at** Prashanti Kutiram

During the pre-conference workshop, three independent workshop tracks are offered, CME, CRE, and CYE. Participants can attend any one of the track, as all these sessions will be happening in parallel.

### Continuing Medical Education (CME)

CME on holistic healing includes 7 different diseases (Oncology, Cardiology, Mental Health, Rheumatology, Spinal disorders, Metabolic disorders, Endocrinology). The basic principles of Integrated Approach of Yoga Therapy (IAYT) and latest approaches towards Holistic Healing will be addressed. Both theory and practice will be covered in this CME.

**Who can participate?** Yoga therapists, Yoga teachers and doctors

**Coordinators:** Dr. Amith Singh & Dr. Ashween S Bilagi



## Continuing Research Education (CRE)

In order to promote more researchers in the field of AYUSH, this pre-conference workshop focusing on research is being offered. The content of the course will enable research enthusiasts to grasp basic to intermediary level of research methodology and statistics concepts. Clinicians who would like to incorporate research in their practice; masters and PhD level students who wish to learn basics of research; teachers who desire to learn various techniques and tools used in research will find this workshop useful. It is a five-days workshop, 5 hours per day with theory and practical sessions.

**Course syllabus (25 hours):** Introduction of research in AYUSH – Need & Scope, Research process, Visit of research facility, Developing good research question, Literature review, Softwares for organizing literature – Mendeley, Docear, Key concepts of research methodology (NHST, Sampling, Controlling bias, research design, validity & reliability), Introduction to R for statistical analysis – Installation, descriptive stats, assumption tests, Choice of assessment tools and data collection methods, Statistical analysis using R – Correlation, t-tests, One way ANOVA, interpretation of results and reporting, Statistical analysis using R – chi square test, non-parametric tests, interpretation of results and reporting, Documentation of clinical information for research purpose, applying for grants.

**Who can participate?** Clinical practitioners, academicians, MSc, MD & PhD scholars

**Coordinator:** Dr. Judu Ilavarasu

## Continuing Yoga Education (CYE)

S-VYASA has developed several advanced yoga techniques based on traditional yoga texts. These advanced yoga techniques are very much useful in the management of NCDs and also promote positive health. Cyclic Meditation, Mind Sound Resonance Technique, Pranic Energisation Technique, Mind Imagery Technique, Mastering the Emotion Technique, Vijnana Sadhana Kausal Technique, Ananda Amruta Sincana these advanced yoga techniques theory and practice will be conducted.

**Who can participate?** Yoga therapists and Yoga teachers

**Coordinator:** Dr. Balaram Pradhan

## Workshops on Yoga for Cancer

As a part of pre-conference, half day workshops on 'Yoga for Cancer' will be conducted worldwide. S-VYASA will provide resource materials for the workshop. VYASA/S-VYASA affiliate centers, VYG/ VHG centers and any other institutes can conduct this workshop. Workshop report / photographs has to be submitted to conference email.

**Coordinators:** Dr. Subramanya Pailoor & Mr. Chirag Hakked



## Resource Persons

### International

- **Dr Archana Purushottam**, Prof, Neurosciences, Tony Brook Medical Center, New York
- **Dr Christoph Garner**, Director, KWA Klinik Stift Rottal, Bad Griesbach, Germany
- **Dr Po-Ju Lin**, Postdoctoral Associate, Department of Surgery-Cancer Control, University of Rochester Medical Center, USA
- **Dr Rangesh Paramesh**, Chief Scientific Officer, Himalaya Global Limited, Dubai
- **Dr Sundar Balasubramaniaym**, Research Asst. Professor, Department of Radiation Oncology, Medical University of South Carolina, USA
- **Ms. Nouf Marwaai**, President & Founder, Arab Yoga Foundation, Saudi Arabia
- **Prof Manoj Bhasin**, Assistant Professor, Medicine, Harvard Medical School, USA

### National

- **Dr Ahalya Sharma**, Joint Director, AYUSH, Govt of Karnataka
- **Dr Akshay Anand**, Post Graduate Institute of Medical Education & Research, Chandigarh
- **Dr Amritanshuram**, Senior Scientist, HCG, Bangalore
- **Dr Arul Amuthan**, Dept. of Pharmacology, Siddha Division, CIMR, Manipal University, Manipal
- **Dr Avinash Kadam**, Rasayu Cancer Clinic, Pune
- **Dr B N Gangadhar**, Director, NIMHANS, Bengaluru
- **Dr B R Ramakrishna**, Principal, Sushrutha Ayurvedic College, Bengaluru
- **Dr B R Senthil Kumar**, Assistant Professor of Physiology, National Institute of Siddha, Chennai
- **Dr B S Ajai Kumar**, Founder & Chairman, HCG, Bengaluru
- **Dr B T Rudresh**, Classical Homeopathic Practitioner, Bengaluru
- **Dr Bhushan Patwardhan**, Director, Center for Complementary and Integrative Health (CCIH), Savitribai Phule Pune University, Pune
- **Dr Brindha Sitaram**, Consultant, Psycho-oncology, HCG, Bengaluru
- **Dr Deepashree S**, Research Assistant, HCG, Bengaluru
- **Dr Dharshan Shankar**, Vice Chancellor, Institute for Trans-Disciplinary Health Sciences, Bengaluru
- **Dr G G Gangadharan**, Director, M S Ramaiah Indic Centre for Ayurveda and Integrative, Medicine, Bangalore





# 22<sup>nd</sup> INCOFYRA

- **Dr Govardhan**, Associate Prof, Dept. of Radiation Oncology, KMIO, Bengaluru
- **Dr H R Nagendra**, Chancellor, S-VYASA University, Bengaluru
- **Dr Ishwar Acharya**, Director, CCRYN, New Delhi
- **Dr Ishwar V Basavaraddi**, Director, MDNIY, New Delhi
- **Dr J R Raju**, Technical Director, Maharishi Ayurveda Products International, Inc, New Delhi
- **Dr K S Gopinath**, Chairman, HCG, Bengaluru
- **Dr Linge Gowda**, Director, KMIO, Bangalore
- **Dr M A Siddiqui**, Director, National Institute of Unani Medicine, Bengaluru
- **Dr Manavalan**, Principal, Govt. Naturopathy & Yoga Medical College, Chennai
- **Dr Manjunath N K**, Director - R & D, S-VYASA, Bengaluru
- **Dr Nagarathna R**, Medical Director, Arogyadhama, VYASA, Bengaluru
- **Dr Naveen K V**, Director, Yogaksema - Stress & Lifestyle Clinic, Bangalore
- **Dr Praseeda Menon**, Research Officer, Kaivalyadhama
- **Dr Prashanth Shetty**, Principal, SDM, Ujire
- **Dr R S Ramaswamy**, Director General, CCRS, New Delhi
- **Dr Raghavendra Ramanujalu**, Consultant Palliative care, CYTECARE
- **Dr Raghavendra Rao M**, Senior Scientist & Head, CAM Program, HCG, Bengaluru
- **Dr Rajesh K Grover**, Director, Delhi State Cancer Institute, New Delhi
- **Dr Rajesh Kotecha**, Special Secretary, Ministry of AYUSH, New Delhi
- **Dr Rathan Kelkar**, Director of AYUSH, Govt of Karnataka
- **Dr Sathyalaxmi**, Director, NIN, Pune
- **Dr Shashi Bhushan**, Dabur Health Care
- **Dr Shirley Telles**, Director, Patanjali Research Foundation, Haridwar
- **Dr Sridhar P S**, Radiation Oncologist, HCG, Bengaluru
- **Dr Sunil Dhaliwal**, Asian Cancer Institute, Mumbai
- **Dr Sushma Bhatnagar**, Head, Dept of Palliative care, AIIMS, New Delhi
- **Dr Vadiraja H S**, Technical Consultant, CCRYN, New Delhi
- **Dr Vijay Agarwal**, Sr. Consultant Medical Oncologist, HCG, Bengaluru
- **Dr Vinoda Kochupillai**, Research Director, Art of Living Foundation, Bengaluru
- **Prof Alex Hankey**, Distinguished Professor, S-VYASA, Bengaluru
- **Prof S K Chaturvedi**, Department of Psychiatry, NIMHANS, Bengaluru
- **Vaidya Prof K S Dhiman**, Director General, CCRAS, Govt of India, New Delhi





## Conference Organizing Committee

### President

Dr. H R Nagendra

### Vice Presidents

Dr. Ramachandra G Bhat, Sri T Mohan,  
Dr. K Subrahmanyam, Prof. K B Akhilesh, Dr. R Venkatram

### Scientific Committee Chairs

Dr. R Nagarathna, Dr. Manjunath N K, Dr. Raghavendra Rao,  
Dr. Sandhya T L, Dr. Ramesh M N

**Organizing Secretaries:** Dr. Amarnath B, Dr. B R Ramakrishna

**Treasurer:** Sri H R Dayananda Swamy

**Delegate Registrations and Accommodation:** Prof. Prahlada Ramarao & Team

**Technical Sessions and Souvenir:** Dr. Rahavendra Bhat & Team

**Exhibition and Stalls:** Dr. Vasudev Vaidya

### Cultural Program

Nadoja Dr. Mahesh Joshi, Dr. B R Ramakrishna,  
Dr. Chikkahejjaji Mahadev, Dr. Sanjib Kumar Patra

### Himalaya Yoga Olympiad

Dr. Rabindra Acharya, Dr. Balaram Pradhan, Dr. Vikas Rawat

**International Co-ordinators:** Dr. Subramanya Pailoor, Dr. Vasudha Sharma

**Pre-Conference Workshops:** Dr. Amith Singh, Dr. Ashween S Bilagi

### Hospitality

Sri Ananda Shetty, Smt. Sharada Shankar, Smt. Sudha Tumuluri, Smt. Manjula

**Publications:** Sri M S Surendra

**Media and Govt Liaison:** Sri Raghu Bengaluru, Sri Chirag Hakkad

**Transport:** Sri Mohan Kishore, Sri Devaraju U N

**Website Management:** Sri Ravi T & Team, Sri Bharatheesha P,

**Video & Photography:** Sri Murulidhara H D, Sri Elumalai, Sri Manoj Singh

**Campus Logistics - Chair:** Prof. Sitharam T G & Team

**Campus Logistics - Co-ordinators:** Sri Balachandra Rao, Sri Chetan L Rao

**Volunteers - Co-ordinators:** Dr. Abhijit Ghosh, Ms. Padmashree



## Conference Registration: Registration Fee /person

Register before Nov 30, 2017 to obtain Maximum Concession

| Programs                              | Dates                         | SAARC Countries                |                               | International                     |                                  |
|---------------------------------------|-------------------------------|--------------------------------|-------------------------------|-----------------------------------|----------------------------------|
|                                       |                               | Before<br>Nov 30, 2017<br>in ₹ | After<br>Nov 30, 2017<br>in ₹ | Before<br>Nov 30, 2017<br>in US\$ | After<br>Nov 30, 2017<br>in US\$ |
| Pre-Conference                        | Dec 29, 2017 -<br>Jan 4, 2018 | 5,000                          | 5,000                         | 300                               | 400                              |
| Main Conference                       | Jan 5 - 8, 2018               | 4,000                          | 5,000                         | 250                               | 300                              |
| Combined for Pre &<br>Main Conference | Dec 29, 2017 -<br>Jan 8, 2018 | 9,000                          | 10,000                        | 550                               | 700                              |
| Day Rate for<br>Conference            | ----                          | 1,275                          | 1,750                         | 100                               | 150                              |

- Registration includes Vegetarian Food and Attendance for all Conference Programs
- **Please Note:** Choose your own Accommodation (*Optional*)  
Accommodation in Prashanti Kutiram and on first come basis  
**Shared** (2 persons in 1 room): AC - ₹ 1500 | Non AC - ₹ 975 /day /person  
**Dormitory:** ₹ 500 /day /head | for **Foreigners:** US\$ 75 /day /person
- **Students & S-VYASA Alumni** are entitled to **50% concession** in Registration Fees (Student ID card/letter from Principal should be submitted during registration process)
- **Registration Counter** at S-VYASA Campus and S-VYASA City office is available
- **Mode of Payment:** Online Payment, Cheque, Bank Draft, Debit / Credit Card Online Bank Transfer, payable to **VYASA 'Vivekananda Yoga Anusandhana Samsthana'**
- **Online Transfer Details for Indian Nationals:**  
A/C Name: Vivekananda Yoga Anusandhana Samsthana  
A/C No: 31527234022; Bank: SBI; IFS Code: SBIN0011355
- **Online Transfer Details for Foreign Nationals:**  
A/C Name: Vivekananda Yoga Anusandhana Samsthana  
A/C No: 31527234022; Bank: SBI; Branch Code: 06866; Swift Code: SBININBB421  
Foreign Transfer Bank Address: SBI Specialised Banking Branch, St. Marks Road, Bangalore, Karnataka, India
- After Online Payment, please Mail a Copy of Payment Receipt to **accounts@svyasa.org & copy to incofyra@svyasa.org**
- For more details please visit conference website **www.svyasa.edu.in**

### Hotels in the vicinity of Prashanti Kutiram

| Hotel  | Distance from<br>the Venue | Phone  | Booking Portal     | Special Offer |
|--|----------------------------|--|--------------------|---------------|
| Hotel Sai Vishram<br>Bommasandra, Bengaluru  | 12 kms                     | +91-80-4040 0400                                       | www.saivishram.com | 50% off       |
| Hotel R V International<br>Jigani, Bengaluru | 5 kms                      | +91-80-2782 6099<br>+91-90352 02384                    |                    | ---           |
| Hotel V Inn<br>Jigani, Bengaluru             | 5 kms                      | +91-80-2782 5000<br>+91-99722 05912<br>+91-99006 49448 | www.hotelvinn.com  | ---           |

For details on Concession Rates at Hotels and Direct Booking please visit **www.incofyra.com**



## Dates to Remember

|  |                            |
|--|----------------------------|
| Pre Conference programs  | Dec 29, 2017 - Jan 4, 2018 |
| Main Conference  | Jan 5 - 8, 2018            |
| Registration to avail early bird offer   | Oct 15, 2017               |
| Last date for Abstract submission  | Dec 10, 2017               |
| The abstracts will be peer reviewed and acceptance or otherwise will be intimated by | Dec 15, 2017               |

- Scientific research papers and review papers on the theme and related topics in Yoga and Integrative Oncology are invited for oral and poster presentations.
- Submit your abstract on conference webpage. *Please visit conference webpage for details.*
- For any queries please write to [incofyra@svyasa.org](mailto:incofyra@svyasa.org)

## Contact

**Prashanti Kutiram campus:** Dr. Shree Varaprasad N S

Vivekananda Road, Kalluballu Post, Jigani, Anekal, Bengaluru - 560 105

*ph:* +91-80-2263 9955 | *cell:* +91-70220 24777 | *e-mail:* [incofyra@svyasa.org](mailto:incofyra@svyasa.org)

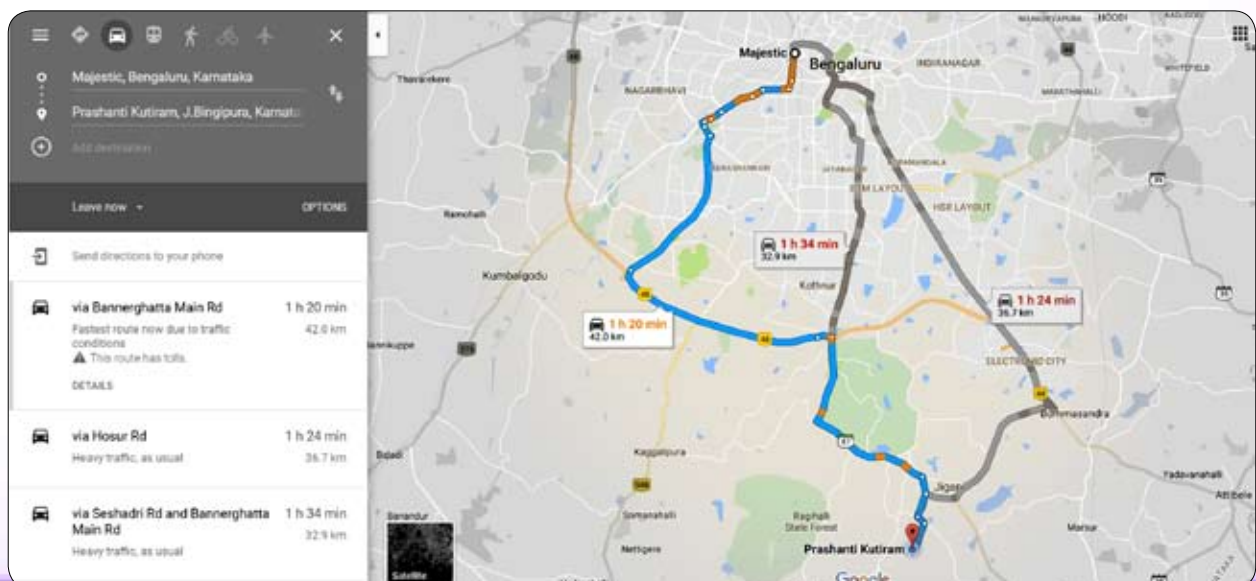
*web:* [www.incofyra.com](http://www.incofyra.com) ; [www.vyasa.org](http://www.vyasa.org) ; [www.svyasa.edu.in](http://www.svyasa.edu.in)

*facebook:* [svyasayoga](https://www.facebook.com/svyasayoga) | *YouTube:* [svyasabl](https://www.youtube.com/svyasabl)

**City Office:** Sri Mahadevappa

'Eknath Bhavan', #19, Gavipuram Circle, K G Nagar, Bengaluru - 560 019

*ph:* 080-2661 2669



**Route Map to Prashanti Kutiram, Jigani, Bengaluru**



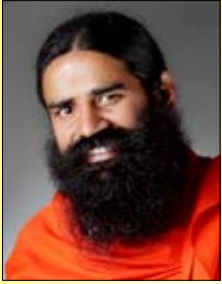


# INDIAN YOGA ASSOCIATION

## Executive Council

### Advisory Board Members

#### Chairman



Swami Ramdev



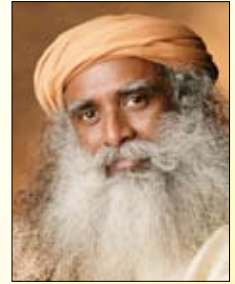
Dr. Pranav  
Pandya



Sri Sri Ravi Shankar  
Guruji



Swami Chidanand  
Saraswati



Sadhguru Jaggi  
Vasudev

### Executive Council Members

#### President



Shri O P Tiwari

#### Sr. Vice President



Dr. H R Nagendra

#### Vice President



Smt. Hansaji  
Jayadeva Yogendra

#### Vice President



Dr. S P Mishra

#### Secretary



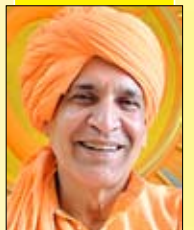
Dr. Ishwar V  
Basavaraddi

#### Joint Secretary



Dr. Rajvi H Mehta

#### Treasurer



Yogacharya Swami  
Bharat Bhushan

### Executive Members



Dr. Geeta  
Iyengar



Shri Subodh  
Tiwari



Dr. Ishwar  
Bhardwaj



Dr. M V  
Bhole



Dr. Ananda  
Balayogi  
Bhavanani



Dr. Chinmay  
Pandya



Sri SD Patil



Shri S  
Sridharan



Sri Samapa-  
dananda Misra



Swami Rita-  
van Bharati